

## Recycling and technology in a school project that promotes a healthy lifestyle

**LOCATION:** Pinos Puente (Granada)

**DURATION:** 1'44"

**SUMMARY:** Thanks to the 'Care for yourself, care for it' programme, the students of the San Pascual Bailón Public School and the citizens of the Granada town of Pinos Puente have improved their healthy living habits. The project includes the creation of an organic garden and a health park, where they can exercise. They also distributed QR codes around the village that link to videos containing information about the place and health advice. This initiative is part of the 'Andalusia, better with science' program, and received the Spanish Learning Service Award 2016 in the pre-school and primary school category.

### VTR:

This ecological garden in the patio of San Pascual Bailón Public School in the Granada town of Pinos Puente has come from the hands of the students and their families. It is just one action of the 'Care for yourself, care for it' project, an initiative that promotes environmental improvements and healthy living.

**JOSÉ M. FUENTES**

**Coordinator of**

**'Care for yourself, care for it'**

*"Chiefly to improve the lifestyles of our students and their families. We have demonstrated that everyone has something to contribute."*

This initiative is part of the 'Andalusia, better with science' program, which aims to give answers to a recurring problem with actions based in knowledge and awareness. The kids have created both this eco-garden and a health park to facilitate exercise.

**STUDENT CEPR San Pascual**

*"What I have liked most has been constructing the health park that we made here in the garden."*

**STUDENT CEPR San Pascual**

*"We constructed our garden with donated tires. I learned to work as part of a team."*

**STUDENT CEPR San Pascual**

*"That we have been able to improve healthy living habits."*

These kids, committed to their village, walked through its streets and constructed a mock-up of it. This is used to be able to distribute QR codes that link to videos with information about the place and health advice.

**ENEDINA ESCOBAR**

**Coordinator of**

**'Care for yourself, care for it'**

*"Improving their environment is something necessary for them, and in addition, it benefits their own wellbeing."*

**STUDENT CEPR San Pascual**

*"On some posters we put QR codes. We made videos and linked them to those QR codes."*

**STUDENT CEPR San Pascual**

*"We all worked in a group to make the mock-up. Some worked on the houses, others trimmed paper... What I liked most was doing all of this as part of a team."*

The project received the Spanish Learning Service Award in the pre-school and primary school category.