



Interguardias: the first shift exchange network for health workers to reconcile work and family

LOCATION: Seville

DURATION: 1'42"

SUMMARY: Ignacio López, a family doctor from Andalusia who works in Seville has just created Interguardias, a platform that allows medical professionals, nurses and vets to swap their shifts. The web puts health workers in contact with others who work in the same health area, so that in the event of an emergency or family commitment, they can change shifts.

VTR

Ignacio is a family doctor who has just created Interguardias, a web geared towards doctors, nurses and vets to allow them to swap their shifts.

IGNACIO LÓPEZ
Creator of Interguardias

"You can increase your days off by swapping shifts in favour of your family life."

HUMBERTO RODRÍGUEZ
Family doctor

"It allows us medical workers to enjoy family and personal events that we would otherwise not be able to attend."

AMBIENCE:

- "How are you?"
- "Hello."

Humberto's wife is pregnant, but her next ultrasound coincides with his shift.

ESTER LAPUERTA
Family doctor

"There are doctors who only work 24 hour shifts. Our contract is like that, they give you your shifts when it's your turn, you don't get to choose them."

The solution? Humberto looks online for an available doctor to swap with, the only legal requirement being that they work in the same health area.

IGNACIO LÓPEZ
Creator of Interguardias

"In your health area there are maybe 10 health centres, you are in one and you can swap shifts between the 10 health centres."

He finds Ester, another web user, who offers to swap.

ESTER LAPUERTA
Family doctor

"If a problem arises for someone and someone else is available so we can solve it together, to try to make the system work a little better... It is really important for me, as a kind of meeting point."

So, when the day comes, Ester does Humberto's shift which allows him to accompany his wife to her ultrasound. He will cover for her another day. A collaborative solution to reconcile family and work life.

For more information or support please call +34 662 369 820 or email info@andalusianstories.com