

Andalusian researchers look in cannabis oil how to reduce pain caused by fibromyalgia

LOCATION: Sevilla

DURATION: 1:33

SUMMARY: Cannabis could be used to reduce pain produced by fibromyalgia. Specifically, oil obtained from hemp's textile variety seeds, which has no narcotic effects. The Medicinal Plants Research Group at the University of Seville studies if the introduction of this product in patients would be useful to relieve the symptoms caused by fibromyalgia due to its high content in OMEGA 3 and OMEGA 6. This research is now being tested in animals.

VTR:

It is cannabis, whose therapeutic use is becoming more usual. And these are its seeds. The Medicinal Plants Research Group at the University of Seville studies the possible benefits for health provided by these oil made out of these seeds, mainly in people affected by fibromyalgia. The key, its omega 3 and omega 6 contain and proportion.

M^a LUISA FDEZ. ACHERO
Researcher

"The composition of breast milk, specifically of colostrum contained in the initial milk, has the same proportion of OMEGA 3 and OMEGA 6 fatty acids."

M^a DOLORES GARCÍA
Director of the research

"These compounds can join our membranes and participate in physiological processes beneficial for our health."

They use hemp's textile variety. This oil doesn't have narcotic effects and could be useful to fight pain introducing it in diet, as condiment in salads, for example. María Luisa is the president of the Fibromyalgia Association in Seville.

M^a LUISA RUBIO
Pres. Fibromyalgia Assoc. Seville

"Generalized pain and tiredness are the two main symptoms of the disease. Pain lasts 24 hours a day and affects the whole body."

A disease with no treatment.

M^a DOLORES GARCÍA
Director of the research

"There are many treatments but none of them is effective."

M^a LUISA RUBIO
Pres. Fibromyalgia Assoc. Seville

"The effect of medication is minimum."

That's why this research, that is now being tested in animals, is so important.

M^a LUISA RUBIO
Pres. Fibromyalgia Assoc. Seville

"They will have to check it and prove it, but I always say that all investigations are important."

According to the Spanish Neurology Society, between a 2 and a 3% of Spanish population could be affected by fibromyalgia; and the future quality of life of these patients depends on this type of research.

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