

## Recipes against fire to enjoy nature and avoiding forest fire in summer

LOCATION: Almería

DURATION: 1:30

**SUMMARY:** The environmental association 'Mediterráneo' in Almería has published a book containing 72 recipes that can be taken or cooked in nature avoiding risk of fire.. This way the contribute in the fight against forest fires, especially necessary during summer. They remind that 60% of forest fires are caused by negligence or careless picnickers.

### VTR:

How to fight forest fires? With salads! This is the initiative of the environmental association 'Mediterráneo' in Almería, which has edited a book of recipes to avoid fire in the forest.

**ANTONIO FERNÁNDEZ**  
**'Mediterráneo' spokesman**

*"We are trying to reduce the number of situations like this one, making them as infrequent as possible because forest fires are a drama that affects everyone."*

Seventy recipes to eat cold dishes in nature, because from June to the fifteenth of October it is forbidden to make barbeques or burns in Andalusia.

**ANTONIO FERNÁNDEZ**  
**'Mediterráneo' spokesman**

*"According to official data, 60% of forest fires are caused by negligence or careless picnickers."*

**RAFAEL YEBRA**  
**Director of Infoca Almería**

*"We have to work to promote that prevention culture which is necessary to avoid fire and to make people, who are in their right to visit nature for leisure, changing their habits and exchanging 'paella' and barbeque for Spanish omelet."*

Dishes such as salads or cold soups, part of the Mediterranean diet and an alternative to the dangers of barbecues in summer. So... bon appétit!

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