

## **Prescribing readings, a program to alleviate the stay of patients in the hospital.**

**LOCATION:** Guadix (Granada)

**LENGTH:** 1'35''

**SUMMARY:** Short stories that are shared among the admitted patients. This is the program, 'Prescribing readings' which is held in the High Resolution Hospital of Guadix (Granada). An initiative to encourage reading thanks to the collaboration of the hospital with the municipal library of Guadix.

### **VTR:**

The health personnel from the High Resolution Hospital of Guadix, besides taking care of the admitted people, prescribe readings. It is a project of collaboration between the central hospital and the municipal library of the city of Guadix, and consists of bringing a short story to the patients in their rooms every morning.

**Sara Torre**  
**Librarian**

*"It is about encouraging reading, even if they are short readings, and to make the stay in the hospital more habitable, make it more enjoyable."*

For the personnel of the hospital, it is very important to make the patients' stay easier.

**Trinidad López**  
**Care manager Guadix Hospital**

*"The objective is that the patients during their stay, with the reading, evade a little of that process that they are going through."*

The short stories that are shared among the patients respond to all genders.

**Sara Torre**  
**Librarian**

*"A story, or a bit of a novel that we find interesting, is shared every week, and they are sent to the nurses at the hospital."*

The personnel of the hospital receive the organized stories for days, and are responsible for distributing them among the patients after breakfast. The response to this program called 'Prescribed readings' is very positive, and even the patients themselves recommend new texts.

**Juana Rus**  
**Care manager Guadix Hospital**

*"They spend a lot of time here, there are many waiting hours, and the truth is that when you offer the people stories they accept them very well and besides they are responding quite well to the initiative."*

The delivery of these short stories are complimented with two points of reading where the users of the hospital can choose a title and read it.