

Spain's most optimistic hospital is in Huelva

LOCATION: Sevilla

LENGTH: 1'29"

SUMMARY: Throughout 2017, the Juan Ramón Jiménez Hospital in Huelva received special recognition for their focus on creating positive environments for patients and their families. Their initiatives and practices set an example for humanizing healthcare.

VTR:

A swarm of colourful fish greet families upon arrival to the paediatric ward in Hospital Juan Ramon Jimenez de Huelva. Considered the most optimistic hospital in Spain, their underwater entrance is only one of the initiatives they've used to help the youngsters feel welcome. The hospital's entire ideology is centered around the wellbeing of patients and their families

RAFAEL LÓPEZ
Paediatrics Unit coordinator

"We opened the intensive care unit to parents, allowing them to come in and care for their kids, 24 hours a day. We started doing activities with science therapy, and doing magic with the kids. A hospital that changes its perspective and focuses on the patient, in our case on the children and their families, makes the experience a little more enjoyable or at least more human."

The title of most optimistic hospital, soon to be passed on to a different care center, was started in 2015. It recognizes positive practices that create a better experience for patients, and holds this Huelva hospital as a prime example of humanizing the Spanish healthcare system.

LORENA GAMITO
Red Cross Volunteer

"The reward is quite positive, since it is important to take into account the emotional and most human parts. The psychological and emotional components are also important."

Contributions from the red cross are essential for developing the program. As part of the Inpatient Care Program, volunteers from the organization regularly plan and lead activities, games, and workshops.

MARÍA DOLORES GARCÍA
Red Cross Volunteer

"The children all respond with smiles. Upon leaving their room, they forgot for a moment that they were even sick to begin with and simply have a good time."

When hoping for a fast recovery, sometimes optimism can be the best medicine.