



**The mothers of newborn babies have their questions answered thanks to this project**

**LOCATION:** Seville

**LENGTH:** 1'39"

**SUMMARY:** In a calm, intimate space, the mothers who have just given birth in the Virgen del Rocío Hospital in Seville have their questions answered with the help of the midwives at the health centre. They are given information to counteract the myths and false beliefs surrounding breastfeeding and care of the baby during its first weeks of life. Around one hundred mothers come each month to this postnatal classroom, the first of its kind within the Andalusian health system.

**VTR:**

This is Ana and Leo. They arrived in the world just two days ago. And there are their mothers.

**BACKGROUND** Stomach against stomach, so that the baby doesn't have to turn its head to latch onto your breast.

As they wait to be discharged, the mothers raise their questions and worries with the midwives, about breastfeeding for example. They learn that this can be a good position for feeding the baby.

**Chari Vallejo**  
Midwife

*"In the first 24 hours, when she starts breastfeeding, the mother is faced with discomfort that she won't have after a week. And this is where she is hit with many doubts and fears."*

For this reason, the Virgen del Rocío Hospital in Seville has set up their postnatal classroom.

**BACKGROUND** The time that the baby requires depends on its needs, the babies are very small now and...

In this relaxed space, the mothers receive correct information about breastfeeding and care of the baby in its first weeks of life, which is far from the false myths and misunderstandings surrounding maternity.

**CHARI VALLEJO**  
Midwife

*"The mother is surrounded by people who confuse rather than help her, so she needs a professional to tell her what she really needs to do."*

**MARÍA ARENAS**  
Leo's mother

*"By informing you, it makes you feel more confident. Many people don't ask because they are waiting for someone to tell them."*

**AMBIENTE** I can't remember if I was told to use soap and water and now they have told me not to do anything.

They teach care for the baby but also for the mother, of course.

**OLIVA CIMAVILLA**  
Resident midwife

*"A new mother needs to be looked after not just the baby."*

**TOTAL CHARI VALLEJO**  
Matrona

*"Per month we have more than 100 women. Per month."*



It's just an ordinary morning at the Virgen del Rocío Women's Hospital. A time to celebrate life.

For more information or support please email [info@andalusianstories.com](mailto:info@andalusianstories.com)