

## The universities of Málaga and Seville test a method to quit smoking using laser

LOCATION: Málaga

DURATION: 1:41

**SUMMARY:** A pharmacist from Jaén has created a method to quit smoking using laser; and researchers at the universities of Málaga and Seville are studying it to verify its effectiveness. This treatment consists on the application of a low frequency laser over certain parts of the patient's skin to eliminate the anxiety produced when a person stops smoking. Smoking is an addiction that according to the World Health Organization, kills around six million people in the world every year.

### VTR:

Volunteers to quit smoking are needed. This is the advertisement offered by the universities of Málaga and Sevilla to the objective of attracting people interested in taking part of a study to test the effectiveness of a treatment based in laser to quit smoking.

**JUAN M. MANZANEQUE**  
**Researcher at the University of**  
**Málaga**

*"It can be very useful checking if therapies are effective and if they can be applied to the society."*

But, in what consists this technique?

**LEONOR RAMA**  
**Founder of 'Sintabac'**

*"We manage to create, locate receptors in the skin that when are stimulated by a low frequency laser, makes patient stop having anxiety caused by tobacco since the beginning."*

Leonor, the pharmacist that has created this treatment, which she has been applying for years, contacted the University of Málaga to give scientific support to this therapy.

**LEONOR RAMA**  
**Founder of 'Sintabac'**

*"I am very interested in having a scientific certification for the method, it's been 14 years and I need to know, mainly to avoid people telling me: 'Leonor, in which proportion it is a placebo?'"*

That's why in this study they are taking into account...

**JUAN M. MANZANEQUE**  
**Researcher at the University of**  
**Málaga**

*"In one hand, how tobacco addiction is overcome and in the other what physiological change are related to this overcoming."*

They are still waiting for the results of this study that will determine if laser is an effective cure against smoking. An addiction that, according to the World Health Organization, kills around six million people in the world every year.

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