

Donkeys rescued from mistreatment help people with disabilities thanks to a therapy

LOCATION: Córdoba

DURATION: 1'33"

SUMMARY: Córdoba's Zoo has become the place where a new therapy is develop, donkey therapy. The donkeys who are part of this treatment were victims of mistreatment, and now they have a second chance in life helping people with disabilities developing their physical and me psychic abilities. This therapy offered for free by the Andalusian NGO 'The Little Donkey's Shelter' has been offered to more than five hundred people.

VTR:

Norman's life hasn't been easy; it is a donkey rescued form a life of mistreatment. But he has found a second chance to be happy helping people with special needs. It is donkey therapy.

RAFAEL GARCÍA
'The Little Donkey's Shelter'

"They are very intelligent animals, that like us need exercise, mental stimulation...so this is very good for them."

Here, a Córdoba's Zoo, people with disabilities develop physical and me psychic abilities with exercices they do with the help of donkeys, making them improve...

ANA MARÍA DÍAZ
Monitor of donkey therapy

"Mobility, muscular strength, balance, trust, they gain a lot of self-confidence."

Although it has a lot in common with echinotherapy, donkeys offer and additional advantage.

RAFAEL GARCÍA
'The Little Donkey's Shelter'

"It also gives you the tranquillity of an animal whose reaction against fear is being still."

PATIENT

"They don't get nervous, don't start kicking, they are very quiet and let you touch them."

This therapy, offered for free by the Andalusian NGO 'The Little Donkey's Shelter' to more than five hundred people, is beneficial...

RAFAEL GARCÍA
'The Little Donkey's Shelter'

"Mainly for children who suffer autism, it is very important because the animal offers an unconditional emotional relationship."

ANA MARÍA DÍAZ
Monitor of donkey therapy

"It doesn't ask you to say hello, requires telling it things, cares about the way you look... it is always the same way."

A different therapy for everybody with just one side effect, a smile.

For more information or support please call +34 647 310 157 or email info@andalusianstories.com