

## **KIDNEY PATIENTS CAN NOW UNDERGO HOME DIALYSIS WHILE AWAITING A KIDNEY**

LOCATION: Carmona ( Seville)

VTR RUNNING TIME : 1'53"

**SUMMARY:** Kidney patients can now undergo dialysis at home while sleeping thanks to a type of practice called peritoneal dialysis. It is yet not widespread, only about 15% of all patients choose this method of dialysis, but its use clearly improves these patients' quality of life as they do not need the constant visits to the hospital what makes them feel a bit better. At the Macarena Hospital in Seville, they have encouraged patients to use this type of practice and now 33% of its kidney patients opt for peritoneal dialysis. A high rate of users compared to most Spanish centers. In Spain there are nearly 5,400 people affected by this chronic illnesses. Most of them awaiting a kidney transplant.

### **VTR :**

Sara is full of energy and vitality. After years of waiting, she has recently received a kidney transplant. Today she visits Tere a chronic patient as she was not long ago.

*AMBIENCE SOUND : " How are you feeling?" "I can't tell you enough how happy I am Tere, I spent a month crying tears of joy, I could not believe how good I feel, then I thought of coming to tell so you can see that your turn will come too ... "*

And while the day comes this machine helps Tere to filter the impurities in her blood, something her kidneys can't do. It is a night cyler for peritoneal dialysis, the same kind of treatment Sara received for years.

### **TOTAL SARA CARVAJAL**

#### **Transplanted Kidney patient**

*"To you it means freedom"*

### **TERESA MONTERO**

#### **Kidney patient**

*"Pure freedom and independence as well. Anyway just like you say, it is a suitcase then you can take it anywhere you want to go"*

Because even though this type dialysis is not commonly known, allows patients to get daily treatment at home while they sleep. Improving their quality of life and autonomy. It seems to win over haemodialysis.

### **TERESA MONTERO**

#### **Kidney patient**

*"Haemodialysis is a lot more tiring as it is only given in hospitals, then you have to get people to take you to and from hospital in Seville each day"*

### **NURIA ARESTE**

#### **Macarena Hospital nephrologists**

*"The fact that patients do not have to be brought into hospital at least three times a week makes the patient feel much better and feel less ill"*

Doctor Areste treated Sara and now she treats Tere in the Peritoneal Dialysis Unit at the Macarena Hospital in Seville. She explains how despite its convenience, the treatment is very rarely chosen less than 15 % of patients in Spain opt for this treatment although here at this hospital that figure rises to 33 %, one of the highest rates in Spain.

### **NURIA ARESTE**

#### **Macarena Hospital nephrologists**

*"That tendency will change in years to come, we are promoting this type of practice and we feel it is going to be widely known soon"*



In our country, about 5,400 people suffer from this chronic illness. Most of them are awaiting a kidney transplant.

For more information or support please call +34 647 310 157 or email [info@andalusianstories.com](mailto:info@andalusianstories.com)