

A website from Granada allows diagnosis and back pain rehabilitation through Skype

LOCATION: Granada
DURACIÓN VTR: 1'39"

SUMMARY: Scientists from the University of Granada have developed a new system that allows making a medical evaluation of back pain through Skype. This can save a lot of money to the sanitary system and also to the patients that sometimes can't visit a doctor's because of work or mobility issues. Online consultations with a physiotherapist are one of the services offered by this website, which tries to treat and prevent back pain.

VTR:

AMBIENTE

"Please hold your right leg... now we are going to repeat the same with your left leg."

This is a complete medical evaluation of back pain through Skype. A system developed by a group of scientists from the University of Granada that have proved that online consultations about back pain get the same result as a visit to the doctor.

FUENSANTA PALACÍN
Researcher of the University of
Granada

"Online rehabilitation means using communication technologies to offer telerehabilitation at the patient's home or somewhere else."

This can save a lot of money to the sanitary system and also to the patients that sometimes can't visit a doctor's because of work or mobility issues. Online consultations with a physiotherapist are one of the services offered by this website, which tries to treat and prevent back pain.

ENRIQUE HERRERA
Researcher of the University of
Granada

"Once the evaluation of a patient is done the system recommends two or three videos that teach him how to practice exercises, and later there is a post evaluation of those exercises sometimes done by the physiotherapist but also automatically done by the system."

BERNABÉ ESTEBAN
Researcher of the University of
Granada

"Nowadays, the fundamental treatment for back pain, mechanical, chronic or nonspecific, is exercise. Supervised and personalized exercises, if possible, depending on the pathology signs shown in that moment."

And as prevention is the best weapon against back pain, they also offer videos explaining how to sit correctly at work.

For more information or support please call +34 647 310 157 or email info@andalusianstories.com