



## Parenting school: a workshop helps dealing with children's behavioural problems

**LOCATION:** Granada/Almería

**DURATION:** 1'34"

**SUMMARY:** When children reach two years old what experts call first adolescence starts. Kids start to claim for their autonomy appearing behavioural problems that parents may not be able to solve. An Andalusian parenting school gives advice to parents about the difficult task of educating a son.

### VTR:

Experts say that when they are two years old they start their first adolescence. It is the moment when children start to claim for their autonomy and behavioural problems may arise. If they are not corrected, they will consolidate during childhood.

*"He doesn't want to eat, wants to go to the street, doesn't want to do homework... typical of kids."*

### MOTHERS

*"When I tell him to do homework he says that he has finished and when I check it and when I rip the page he starts hitting."*

*"The other day she ate an ice-cream and wanted another, he started yelling and crying. I had to take her home and punish her."*

Because, do parents know which is the best reaction to this type of situations?

### MOTHER

*"Sometimes I have to ask his father for help because I can't deal with him."*

*"It is very difficult because you don't know if you are doing it right or wrong. You tell him, no, no more toy and that's it."*

*"When it isn't her it's him, you sit on the couch and say: what do I do now?"*

In this Andalusian workshop try to give an answer to that questions. It is part of the parenting school, whose objective is to give advice to parents in the sometimes difficult task of educating a kid.

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*"Most of the problems are caused by a lack of rules at home, of limits, which is also important, problems when it comes the time of giving responsibility to minors."*

### MOTHER

*"Maybe you can learn from things you have seen in the kids of friends, in close children, but you don't know how you are going to act or how to educate your girl until you are a mother."*

And the education during those first years will determine in a large proportion their adolescence.

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